Menu A Week 3

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Monday Tuesday Meat free Thursday Friday Meat Free Wednesday Choice A Choice A Choice A Choice A Choice A **MSC** Fish Fingers Baked Sausages in Gravy Homemade Chicken Curry Homemade Spaghetti Homemade Cheese & Tomato Pizza Bolognese served with 50/50 rice. **Choice B** Choice B Choice B Tomato Pasta Bake Wholemeal Vegetarian Pasta Choice B Homemade Tomato & Cheese Choice B Homemade Cheese & Bean **Oven Baked Vegetable Roll** Pizza Style Panini Bake Pie Choice C Choice C Choice C Choice C Cheese & Salad filled Jacket Potato with Baked Jacket Potato with Cheesv Choice C Jacket Potato with Baked Sandwich Beans Filling Coleslaw Filling Wholemeal Tuna & Salad Roll Beans Filling Vegetable selection Vegetable selection Vegetable selection Vegetable selection Vegetable selection Creamed Potatoes **Oven Baked Chunky Chips** Homemade Jacket Wedges Creamed and Roast Potatoes **Baked Herby Diced Potatoes** Medley of Vegetables. Baked Beans Baked Beans Peas & Sweetcorn Seasonal Vegetables Salad Pots Dessert Dessert Dessert Dessert Homemade Syrup Sponge Homemade Shortbread Fresh Sliced Melon Ice Cream and Wafer drizzled Homemade Fruit crumble Homemade raspberry Round with Fruit coulis. served Creamy Custard. topped Muffin served with Basket of Fresh Seasonal Cheese and Biscuits Basket of Fresh Seasonal Fruit a glass of milk Organic Yeo Basket of Fresh Seasonal Fruit or Fresh Fruit Platter Basket of Fresh Seasonal Fruit Valley Yoghurt Basket of **Organic Yeo Valley Yoghurt Organic Yeo Valley Yoghurt** Organic Yeo Valley Yoghurt **Organic Yeo Valley Yoghurt** Fresh Seasonal Fruit

Over 75% of the food on this menu is homemade by our dedicated Catering Teams and cooked on site. We use high quality regionally sourced products, including some of which are organic. We use higher animal welfare meat and MSC fish. A fresh salad bowl with wholemeal bread and fresh drinking water is served daily.

Our award-winning Oldham Education Catering Service guarantees that children are getting a healthy balanced meal 5 days a week using fresh products cooked onsite each day.

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www.oldham.gov.uk/school meals Allergen information available on request

Dessert

Finger

Fruit

Summer 2024 St Georges